



Marshfield School District Wellness Committee Minutes

Date: Wednesday, December 20, 2017
Location: Marshfield High School Cafeteria
Time: 3:30-4:30 PM
Attendees: Tami Wolff, Laura Zelenak, George Bloome, Karen Mengel, Caroline Kelk, Kendra Ferreyra, Stacey Weichelt, Tracey Brock

- 1) Welcome and Introductions
- 2) Review September Minutes and Action Items
 - a. Minutes were reviewed and accepted
- 3) Farm to School Update
- 4) Wellness Policy Discussion
 - a. The policy was read on Wednesday, November 29. The board did not make any additional requirements, but asked how the committee will reinforce the policy (this role could make the School Wellness Committee more legitimized/recognized). There will be a second reading, and then the policy will go for approval.
- 5) Strategic Planning Meeting
 - a. The Strategic Planning meeting took place November 10 at the Hope Lodge in Marshfield. The committee reviewed meeting topics and updates to the action plan. The group discussed making their outcomes/goals more actionable, however, the wellness policy needs to be approved before the group can act on them.
 - b. Great Lakes Great Apple Crunch (10\12\17)
 - i. The event was a big success. This year's apples were donated from Edgar's Rock Ridge Orchard. The children really enjoyed the event and their apples, but it was discussed to avoid using stickers for next year.
- 6) Walk to School Day & Walk\Bike to School Challenge
 - a. Laura Zelenak gave an update on the event. Most schools saw an increase in participation this year. Madison saw an increase from 30.5% to 75.3%. The highest participation was from Washington School with 95.3% of its students participating. Laura explained that the increase in participation could have been because of increased promotion from faculty and because of the addition of alternative activities for children who are unable to participate because of their location.



7) Set Meeting Dates

- a. **Action:** Karen will review the school calendar and make recommendations for future meeting dates. The calendar will be coordinated around the school year and teacher's schedules.

8) All Schools Wellness Updates

- a. It was announced that the next PTO meeting will be the 3rd Thursday of the month at the school starting at 4:30 p.m.

9) HL-MAC Committee Updates

- a. Laura Zelenak is participating in the Healthy Wisconsin Leadership Institute program. The group has 4 members from Wood County. At a workshop in November, the group narrowed their focus area to 'barriers to physical activity for low income Wood County residents.' They will likely be carrying out focus groups and/or interviews to explore this issue more. **Action:** If anyone would like to be involved in this work, please let Laura know.
- b. George and Laura shared with the group information on the two temporary committees that will be created this winter for capacity building and funding. The Volunteer and Budget Committees will meet 3-4 times throughout the months of January and February. Laura went on to explain that the Budget Committee may be renamed the Sustainability Committee, pending group discussion.

10) Committee Member Updates

- a. Tami Wolff gave an update on the treats in the High School
 - i. The treats are still available to students, but other incentives have been added like pens and water bottles. She also added that there will be another water bottle filling station installed in the near future.

11) Meeting close

Future Meetings

TBD